

# Mystic Moonlight Yoga Class Schedule

## MAY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 6:30 am All Levels Yoga Flow with Alex  5:30 pm All Levels Yoga Flow with Cyndy	<b>2</b> 9:30 am Buti Yoga with Alex  6:00 pm Vinyasa Yoga With Alex	<b>3</b>  6:30 pm Buti Yoga with Alex	<b>4</b> 9:30 am All Levels Yoga Flow with Cyndy  6:30 pm Yoga w/ Alex at VDX Winery* (details below)	<b>5</b>
<b>6</b> 10:30 am All Levels Yoga Flow with Alex	<b>7</b> 9:30 am All Levels Yoga Flow with Cyndy  5:30 pm and 6:45 pm Gentle Yoga with Alex	<b>8</b> 6:30 am All Levels Yoga Flow with Alex  5:30 pm All Levels Yoga Flow with Cyndy	<b>9</b> 9:30 am Buti Yoga with Alex  6:00 pm Vinyasa Yoga With Alex	<b>10</b>  6:30 pm Buti Yoga with Alex	<b>11</b> 9:30 am All Levels Yoga Flow with Cyndy	<b>12</b>
<b>13 Mothers' Day</b> 10:30 am All Levels Yoga Flow with Alex and Complimentary mimosas after class (21+)	<b>14</b> 9:30 am All Levels Yoga Flow with Cyndy  5:30 pm and 6:45 pm Gentle Yoga with Alex	<b>15</b> 6:30 am All Levels Yoga Flow with Alex  5:30 pm All Levels Yoga Flow with Cyndy	<b>16</b> 9:30 am Buti Yoga with Alex  <b>No Vinyasa Class</b>	<b>17</b>  6:30 pm Buti Yoga with Alex	<b>18</b> 9:30 am All Levels Yoga Flow with Cyndy	<b>19</b>
<b>20</b> 10:30 am All Levels Yoga Flow with Alex	<b>21</b> 9:30 am All Levels Yoga Flow with Cyndy  5:30 pm and 6:45 pm Gentle Yoga with Alex	<b>22</b> 6:30 am All Levels Yoga Flow with Alex  5:30 pm All Levels Yoga Flow with Cyndy	<b>23</b> 9:30 am Buti Yoga with Alex  6:00 pm Vinyasa Yoga With Alex	<b>24</b>  6:30 pm Buti Yoga with Alex	<b>25</b> 9:30 am All Levels Yoga Flow with Cyndy	<b>26</b>
<b>27</b> 10:30 am All Levels Yoga Flow with Alex	<b>28</b> 9:30 am All Levels Yoga Flow with Cyndy  5:30 pm and 6:45 pm Gentle Yoga with Alex	<b>29</b> 6:30 am All Levels Yoga Flow with Alex  5:30 pm All Levels Yoga Flow with Cyndy	<b>30</b> 9:30 am Buti Yoga with Alex  6:00 pm Vinyasa Yoga With Alex	<b>31</b>  6:30 pm Buti Yoga with Alex	*Friday, May 4 class at Vin De Matrix Winery 307 Kings Mountain Rd, Rockwood, PA 15557 followed by wine tasting and complimentary snacks. Space is limited. Email alexhowlettyoga@gmail.com to sign up. \$10/pp	

### Class price list:

Drop-in class: \$8

5 class pass: \$30 (expires 2 months after first use)

10 class pass: \$50 (expires 3 months after first use)

One month of unlimited classes: \$55

Three months of unlimited classes: \$140

Class descriptions online at: [mysticmoonlightyoga.com](http://mysticmoonlightyoga.com)