

Mystic Moonlight Yoga Class Schedule

JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 am Buti Yoga - Alex (studio) 10:45 am All Levels Yoga - Alex (studio)	2 9:30 am All Levels Yoga - Cyndy (Studio) 6:00 pm Gentle Yoga - Alex - Studio	3 6:30 am All Levels Yoga - Alex (Studio) 6:30 pm All levels Yoga - Cyndy (Lake)*	4 INDEPENDENCE DAY NO CLASS TODAY	5 6:30 pm Buti Yoga - Alex (Studio)	6 9:00 am All Levels Yoga - Cyndy (Lake)*	7
8 NO CLASSES TODAY	9 9:30 am All Levels Yoga - Cyndy (Studio) NO 6 PM CLASS TODAY	10 6:30 am All Levels Yoga - Alex (Studio) 6:30 pm All levels Yoga - Cyndy (Lake)*	11 6:00 pm Vinyasa Yoga - Alex (Studio)	12 6:30 pm Buti Yoga - Alex (Studio)	13 9:00 am All Levels Yoga - Cyndy (Lake)*	14
15 9:30 am Buti Yoga - Alex (studio) 10:45 am All Levels Yoga - Alex (studio)	16 9:30 am All Levels Yoga - Cyndy (Studio) 6:00 pm Gentle Yoga - Alex - Studio	17 6:30 am All Levels Yoga - Alex (Studio) 6:30 pm All levels Yoga - Cyndy (Lake)*	18 6:00 pm Vinyasa Yoga - Alex (Studio)	19 6:30 pm Buti Yoga - Alex (Studio)	20 9:00 am All Levels Yoga - Cyndy (Lake)*	21
22 9:30 am Buti Yoga - Alex (studio) 10:45 am All Levels Yoga - Alex (studio)	23 9:30 am All Levels Yoga - Cyndy (Studio) 6:00 pm Gentle Yoga - Alex - Studio	24 6:30 am All Levels Yoga - Alex (Studio) 6:30 pm All levels Yoga - Cyndy (Lake)*	25 6:00 pm Vinyasa Yoga - Alex (Studio)	26 6:30 pm Buti Yoga - Alex (Studio)	27 9:00 am All Levels Yoga - Cyndy (Lake)*	28
29 9:30 am Buti Yoga - Alex (studio) 10:45 am All Levels Yoga - Alex (studio)	30 9:30 am All Levels Yoga - Cyndy (Studio) 6:00 pm Gentle Yoga - Alex - Studio	31 6:30 am All Levels Yoga - Alex (Studio) 6:30 pm All levels Yoga - Cyndy (Lake)*				
Notes: *Rain location for Cyndy's outdoor classes is studio: Friday rain time is 9:30 in studio, Tues rain time is 5:30 in studio. Lake directions on class link: mysticmoonlightyoga.com/schedule						