

# Mystic Moonlight Yoga

# OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30 am All Levels Yoga - Cyndy  6:00 pm Gentle Yoga - Alex	<b>2</b> 6:30 am All Levels Yoga - Alex  6:00 pm All levels Yoga - Cyndy (Lake Stonycreek)*	<b>3</b>  6:00 pm Vinyasa Yoga - Alex	<b>4</b>  6:30 pm Buti Yoga - Alex	<b>5</b> 9:30 am All Levels Yoga - Cyndy (Lake Stonycreek)*	<b>6</b>
<b>7</b> 9:30 am Buti Yoga - Alex  10:45 am All Levels Yoga - Alex	<b>8</b> 9:30 am All Levels Yoga - Cyndy  6:00 pm Gentle Yoga - Alex	<b>9</b> 6:30 am All Levels Yoga - Alex  6:00 pm All levels Yoga - Cyndy (Lake Stonycreek)*	<b>10</b>  6:00 pm Vinyasa Yoga - Alex	<b>11</b>  6:30 pm Buti Yoga - Alex	<b>12</b> 9:30 am All Levels Yoga - Cyndy (Lake Stonycreek)*	<b>13</b>
<b>14</b> 9:30 am Buti Yoga - Alex  10:45 am All Levels Yoga - Alex	<b>15</b> 9:30 am All Levels Yoga - Cyndy  6:00 pm Gentle Yoga - Alex	<b>16</b> 6:30 am All Levels Yoga - Alex  5:30 pm All Levels Yoga - Cyndy	<b>17</b>  6:00 pm Vinyasa Yoga - Alex	<b>18</b>  6:30 pm Buti Yoga - Alex	<b>19 NEW CLASS!</b> 11:30 - 12:15 Lunchtime Yoga with Cyndy	<b>20</b>
<b>21</b> 9:30 am Buti Yoga - Alex  10:45 am All Levels Yoga - Alex	<b>22</b> 9:30 am All Levels Yoga - Cyndy  6:00 pm Gentle Yoga - Alex	<b>23</b> 6:30 am All Levels Yoga - Alex  5:30 pm All Levels Yoga - Cyndy	<b>24</b>  6:00 pm Vinyasa Yoga - Alex	<b>25</b>  6:30 pm Buti Yoga - Alex	<b>26 NEW CLASS!</b> 11:30 - 12:15 Lunchtime Yoga with Cyndy	<b>27</b>
<b>28</b> 9:30 am Buti Yoga - Alex  10:45 am All Levels Yoga - Alex	<b>29</b> 9:30 am All Levels Yoga - Cyndy  6:00 pm Gentle Yoga - Alex	<b>30</b> 6:30 am All Levels Yoga - Alex  5:30 pm All Levels Yoga - Cyndy	<b>31</b>  Halloween Glow Yoga Party 6:00 pm			
<b>Notes:</b> *Weather permitting. Rain location for outdoor classes is studio - 9:30 am Fridays or 5:30 pm Tuesdays. Outdoor classes will continue through the first two weeks of October then will move back to studio.						