

Mystic Moonlight Yoga

DECEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 9:30 am Buti Yoga - Alex 10:45 am All Levels Yoga - Alex	3 9:30 am All Levels Yoga - Cyndy 6:00 pm Gentle Yoga - Alex	4 6:30 am All Levels Yoga - Alex 5:30 pm All Levels Yoga - Cyndy	5 6:00 pm Vinyasa Yoga - Alex	6 5:00 pm All Levels Yoga Cyndy 6:30 pm Buti Yoga - Alex	7 11:30 - 12:15 Lunchtime Yoga Flow - Cyndy	8
9 9:30 am Buti Yoga - Alex 10:45 am All Levels Yoga - Alex	10 9:30 am All Levels Yoga - Cyndy 6:00 pm Gentle Yoga - Alex	11 6:30 am All Levels Yoga - Alex 5:30 pm All Levels Yoga - Cyndy	12 6:00 pm Vinyasa Yoga - Alex	13 6:30 pm Buti Yoga - Alex	14 11:30 - 12:15 Lunchtime Yoga Flow - Cyndy	15
16 9:30 am Buti Yoga - Alex 10:45 am All Levels Yoga - Alex	17 9:30 am All Levels Yoga - Cyndy 6:00 pm Karma Christmas Gentle - Alex (charity donation as class cost)	18 6:30 am All Levels Yoga - Alex 5:30 pm Karma Christmas All levels - Cyndy (charity donation as class cost)	19 6:00 pm Vinyasa Yoga - Alex	20 6:30 pm Buti Yoga - Alex	21 11:30 - 12:15 Lunchtime Yoga Flow - Cyndy	22
23 9:30 am Buti Yoga - Alex 10:45 am All Levels Yoga - Alex	24 NO CLASSES TODAY	25 NO CLASSES TODAY MERRY CHRISTMAS!	26 NO CLASS TODAY	27 6:30 pm Buti Yoga - Alex	28 11:30 - 12:15 Lunchtime Yoga Flow - Cyndy	29
30 9:30 am Buti Yoga - Alex 10:45 am All Levels Yoga - Alex	31 NO 9:30AM CLASS 6:00 PM Gentle Yoga + New Year's Eve meditation - Alex	Notes: Karma Christmas classes on the 17th and 18th are donation-based. This will not count as one of your classes for students with a class pass. Donations will benefit the chemo bag project, gifted to Somerset Oncology patients their 1st day of treatment. Hot cocoa, hot tea and a light snack will be provided after class for anyone who is able to stay for a time of community and holiday cheer! Class descriptions, pricing, and event details at mysticmoonlightyoga.com				