

MYSTIC MOONLIGHT YOGA - MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 9:30 am Slow Flow - Cyndy
3 9:30 am Buti Yoga - Alex	4 9:30 am Slow Flow - Cyndy 6:00 pm Gentle - Alex	5 5:30 pm Gentle - Cyndy	6 6 pm Strong Vinyasa - Alex 7:15 pm Rest + Restore - Alex	7 6:30 pm Buti - Alex	8 9:30 am Slow Flow - Cyndy	9
10 9:30 am Buti Yoga - Alex	11 9:30 am Slow Flow - Cyndy 6:00 pm Gentle - Alex	12 5:30 pm Gentle - Cyndy	13 6 pm Strong Vinyasa - Alex 7:15 pm Rest + Restore - Alex	14 6:30 pm Buti - Alex	15	16 9:30 am - 10:45 am Chakras workshop - Cyndy - \$10 cash*
17 9:30 am Buti Yoga - Alex	18 9:30 am Slow Flow - Cyndy 6:00 pm Gentle - Alex	19 5:30 pm Gentle - Cyndy	20 6 pm Strong Vinyasa - Alex 7:15 pm Rest + Restore - Alex	21 6:30 pm Buti - Alex	22 9:30 am Slow Flow - Cyndy	23
24 9:30 am Buti Yoga - Alex	25 9:30 am Slow Flow - Cyndy 6:00 pm Gentle - Alex	26 5:30 pm Gentle - Cyndy	27 6 pm Strong Vinyasa - Alex 7:15 pm Rest + Restore - Alex	28 6:30 pm Buti - Alex	29 6:30 - 8:00 pm Black Light Buti Glow - Alex - \$10 cash*	30 9:30 am Slow Flow - Cyndy
31 9:30 am Buti Yoga - Alex		Notes: *Please sign up ahead for Chakras workshop and Blacklight Buti Glow event to save your spot. Sign up and view more details at mysticmoonlightyoga.com/events				